

Liverpool Women's Charity Newsletter

Keeping you up to date – October 2017



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difference
your donations
have made**

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Help us make a difference

Text Donate:

Text: 'LWHC00 £5' to 70070

or Donate Online:

www.justgiving.com/liverpoolwomen

Email: fundraising@lwh.nhs.uk

[f](#) Liverpool Women's Charity

Charity Number: 1048294

Working with the community

At Liverpool Women's Charity we love working with other community groups, reaching out to people and sharing the support they provide is at the very heart of what we do. Here are some examples of our wonderful supporters.



We are delighted to be working closely with **Liverpool's Royal Court!**

Not only has their wonderful Community Choir been singing at Liverpool One, raising an amazing £336.48 over two performances, but we also welcomed members of their Youth Theatre to the Neonatal Unit, where they received a tour of the facilities and donated lots of clothes for the premature babies.



We have lots more projects planned with Liverpool's Royal Court and thank them for all their help.



It was lovely to meet members of **Positive Futures Liverpool**, when they visited the hospital in July. The group had raised £300, which they used to purchase items for new born babies. They then made these into 34 hampers that were distributed to new mums on the Maternity Ward. Thank you to the staff who showed the visitors around the ward and to the new mum's for introducing their babies.



In September **Everton In The Community** joined us to donate some knitted and crocheted items for the babies on the Neonatal Unit. During the visit they met some of the staff and learned more about the unit.

Newborn Appeal knitting update

We are delighted to announce that our knitting stall raised a wonderful £1,360 in July 2017 and £2,085 in August 2017!

We would like to thank everyone who donates, or purchases, knitted items. Without your generosity we could not continue to make a difference to so many premature babies.



Our knitting event in June was so successful, and received such positive feedback, that we have decided to hold them on a regular basis throughout the year.

Our next event is planned for October and invites have already gone out. This time we are inviting people to bring their needles and yarn and join us for some light refreshments and a chat. We have so many generous volunteers that we are unable to invite everyone to each event- the hospital simply isn't big enough!

We would ask that anyone who receives an invitation, and wishes to attend, lets the Fundraising Team know so that we can have enough refreshments available.

Are you keen to support our knitting scheme but unable to knit or crochet? We currently need full balls of white, blue and pink wool. By donating baby wool, you can help us raise money for the Newborn Appeal. We distribute all donations to our wonderful army of volunteer knitters who convert them into beautiful handmade items for our weekly stall.



Please contact fundraising@lwh.nhs.uk or drop any donations into our main reception at Liverpool Women's. Don't forget to include your name and address with your donation so we can thank you!



Our knitting stall is open in the hospital Main Reception every week on the following days:-

Tuesday – 10.00pm to 3.00pm
Wednesday- 10.00am to 3.00pm
Thursday- 10.00am to 3.00pm

Staff supporting the charity

In August we revived an old Liverpool Women's tradition by reintroducing the **Staff Night Quiz**. This was a favourite with staff in previous years, so we decided to provide everyone with a fun night out, whilst also raising money for the charity.

We were a little surprised at just how popular tickets were and so 60 of us squeezed into the Baltic Fleet for a quiz delivered by the amazing Dick Webster.

Tickets were priced at £10, which included an all you can eat buffet! We also held a raffle and spot the ball, raising a phenomenal £1,167 for the Honeysuckle Bereavement Team.

The next staff quiz is planned for November.



The day following the quiz we held the **Honeysuckle Picnic in the Park**. It was lovely to see so many families coming together, joined also by the Mayor of Maghull, June Burns and son Josh, who are supporting the charity.

The picnic was held as a support event for families who have experienced a baby loss and was attended by the Honeysuckle Team and many of their families.



Thank you to all helpers and supporters, Grace & Lily and The Do Hut for providing milkshake & donuts to all families and Barclays for match funding the amount raised on the day.



On 16th September a team of our midwives undertook "**Midwives on the Move**" a walk from Liverpool Pier Head to Otterspool and back in order to raise money for the High Dependency Unit at the hospital. To date this amazing team have raised in excess of £1,550 but they are still accepting donations...www.justgiving.com/fundraising/midwivesonthemove

Meet some of our fundraisers...



Have you been keeping up with **Elsie's journey**? Phil and Emily have now travelled over 400 miles of the 1000 mile trip to France and raised over £2,500.

Elsie was born with a rare disease called Mitochondrial Disease, the resulting symptoms meant she could not move her body or limbs. Despite the hard work and dedication of the consultants and nurses at the Liverpool Women's Hospital Elsie's complications from her condition meant that there was nothing more that could be done for her and treatment was stopped.

If you would like to support Phil and Emily please visit <http://socsi.in/SMAKA>



On 26th August a group of young children, including babies and toddlers completed an **'Iron Toddler' challenge**, the first of its kind!

These plucky babies, toddlers and children crawled/ walked/ ran or made their parents carry them a set distance, followed by a cycle/tricycle/pram ride before swimming a set distance. Whilst over a shorter distance than an Iron Man challenge, the distances were measured proportionally to the adult event so should not be underestimated! To date the event has raised an amazing £1,276!



A big thank you to **Pat Helsby and the Order of Women's Freemasons Lodge 64** for their generous donation of £300 to the Newborn Appeal. Pat's grandson Gabriel, who is now 9 years old, spent time on the unit when he was first born and the family continue to support the work of the Neonatal Unit. We are so grateful for their support!



The difference your donations make..

Leaving a Lasting Legacy...

11th to 17th September 2017 was "Remember a Charity" week, people are encouraged to leave a donation in their will to a charity.

Many people feel uncomfortable discussing wills and legacies. Leaving a legacy donation to a charity is one that will make a lasting difference to many people for many years to come.



Make a lasting difference...
Leave a gift in your will to
Liverpool Women's Charity



Registered charity number 1048294

Liverpool Women's is proud and excited for the future of its services. With your help we can continue to be at the forefront of health care for women and their babies, now and for future generations to come.

For more information on the difference your legacy will make, or to let us know that you have left Liverpool Women's Charity a donation in your will, please contact the Fundraising Team.

Thank you!

The Alice Hiley Memorial Trust

Alice was diagnosed with the rare Congenital Diaphragmatic Hernia (CDH) condition at her twenty week scan. This condition, which only affects 1 in every 2,500 babies, is where the diaphragm doesn't form properly in early gestation. As a result, the organs in the lower part of the body can move upwards into the chest cavity and these in turn cause problems with the lungs forming and growing, and sometimes the heart too.

Alice was born at Liverpool Women's but sadly only lived for 6 and a half hours.

Alice's family and friends have continued to raise funds in her memory and, in January, returned once again to the Neonatal Unit to donate a Brain Scanner costing £16,000.

This life changing piece of medical equipment is the first Warrington, Cheshire & Merseyside have had and will enable neonatal babies brains to be monitored with better longer term outcomes.

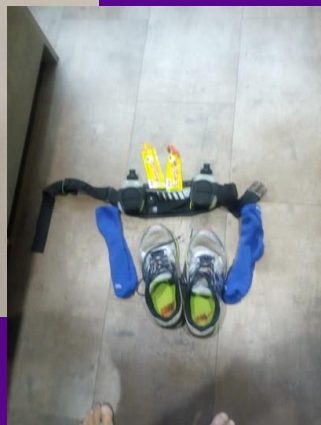


Pictured here with the scanner are (left to right): Anne Lamming - Trustee; Heather Hiley – Chair of Alice Hiley Memorial Trust; Balamurugan Palanisami – Consultant, Andrew Hiley – Trustee, Matt McCormack – CFM Supplier, Robert Clarke - Liverpool Women's Chairman and Roger Lamming – Trustee

Future events

Our Director of Operations, **Jeff Johnston** will be taking part in the Dublin Marathon on Sunday 29th October to raise money for the Newborn Appeal.

You can support Jeff to reach his fundraising target of £1000 by visiting www.justgiving.com/fundraising/jeff-johnston6



Swimming for the Women's

30th October – 5th November is National Baby Swimming Week and we are encouraging people to *Swim for the Women's*!

Contact fundraising@lwh.nhs.uk for a sponsorship form!

SWIMMING FOR THE WOMEN'S

October - November 2017



Multi-stroke Challenge

Fancy dress sponsored Splash-a-bout

Sponsored Toddler Swim a Length

Swim a mile in a month (66 lengths)

30th October - 5th November is National Baby Swimming Week and Liverpool Women's Charity are encouraging people to *Swim for the Women's* throughout October and November to fundraise!

You can download a sponsorship form from www.liverpoolwomens.nhs.co.uk/charity or email fundraising@lwh.nhs.uk if you would like more information about how to get involved!

Join **The Honeysuckle Team** for a Service of Remembrance on Wednesday 11th October 2017.

If you would like to attend please contact the Honeysuckle Team on 0151 702 4151 or email honeyssuckle@lwh.nhs.uk, providing your details and the number attending with you <http://socsi.in/esrvn>



"Women's Winter Wonderland"

Time is getting closer for the Liverpool Women's Charity Christmas Fair, which will be called the "Women's Winter Wonderland".

This year we have expanded the event to run over two days from 13th to 14th December in the hospital Main Reception. Join us for many to purchase your unique Christmas presents, meet Father Christmas and hear our Christmas Choir.

Liverpool Women's Winter Wonderland



Dates: Wednesday 13th December 2017

Thursday 14th December 2017

Time: 10.00am - 4.00pm

At: Liverpool Women's Hospital



All are welcome to join the festivities.

Keep in touch

If you, or somebody you know, works for a company that chooses a **charity of the year**, please ask them to nominate **Liverpool Women's Charity** and help us continue to enhance our patient experience.

Liverpool Women's Charity work closely with our corporate supporters as partners. It is important to us to ensure we build strong working relationships between all staff so that both the charity and the businesses involved enjoy a mutually beneficial experience.

Please nominate Liverpool Women's Charity in your workplace.

Here at Liverpool Women's Charity we are always available to talk to you about your fundraising ideas. Our role is to support you, in anyway we can, to achieve your fundraising goals.

There are many ways you can contact us

Phone: Nadia or Lisa on 0151 702 4044

Email: fundraising@lwh.nhs.uk

Post: Liverpool Women's Charity

Liverpool Women's

Crown Street

Liverpool

L8 7SS

You can also follow our work on our website www.liverpoolwomens.nhs.uk/charity and over on Facebook /LiverpoolWomensCharity



MAKE
LIVERPOOL WOMEN'S CHARITY
YOUR CHARITY OF THE YEAR!

As a business, choosing to support Liverpool Women's Charity as your 'Charity of the Year' will provide an exciting and meaningful opportunity to make a difference whilst offering fundraising ideas for your staff to get involved in!

