

Induction of Labour (IOL): Inpatient or outpatient IOL

Going home with the pessary – Outpatient IOL.

There are some situations where we would be happy for you to return home after you have attended for the initial monitoring and had the pessary (Propess) or cervical ripening balloon (CRB) inserted. Outpatient IOL can be considered for women:

- Who are over their due date (Up to 41 weeks and 6 days).
- Body Mass Index is equal to or less than 40.
- Less than 40 years of age.
- Live within a 12 mile radius of the hospital with reliable transport.
- Who always have someone with them for support.
- Who speak English fluently.
- Pelvic girdle pain (PGP) or symphysis pubic dysfunction (SPD).
- Gestational diabetes (providing no medication has been used in the pregnancy to control blood sugar)
- Previous complications with the birth (heavy bleeding during the last birth for example)
- Once the midwife has given Propess you will be able to return home for 12 hour with the use of CRB or 24 hours when the Propess pessary is used. At the end of this time you return to Induction Suite, CRB or Propess is removed, and you wait with us for a place on Delivery Suite for the next part of the process.

Please return to Induction Suite at any time over the 24 hours if:

- You are contracting frequently
- You have pain that is not controlled with paracetamol
- You have concerns about baby's movements
- You have any bleeding
- You think your waters have broken.
- If you are having an Outpatient induction and labour starts following CRB or Propess, you will probably be suitable for birth on our Midwifery Led Unit following a discussion with a consultant obstetrician or senior doctor.

Please call ahead and let us know you are on your way.

01517089988 – extension 1426 (induction of labour suite)

01517089988 – extension 1162 (delivery suite)