

## Contraception Advice following the Administration of Sugammadex

Commonly, as part of your anaesthetic, medicines are given to relax your muscles to give the surgeon the best conditions for operating. The anaesthetic medicines give the anaesthetist the ability to take care of your breathing under anaesthesia. At the end of your operation, the action of these medicines needs to be reversed before you wake up. One of these 'reversal' medicines which you have been given today is called sugammadex (or sometimes it can be referred to as Bridion®). The drug sugammadex may interact with your contraception due to its effect on the hormone progesterone. This may temporarily increase the risk of pregnancy.

### If you take the oral contraceptive pill

- The progesterone only contraceptive 'mini-pill'
  - Desogestrel
  - Levonorgestrel
  - Norethisterone
- The Combined oral contraceptive 'pill'

If you have taken your pill this morning and have been given Sugammadex, it is the equivalent to one missed pill.

**Please follow the missed pill advice in the package leaflet of the oral contraceptive.**

### If you use any other hormonal contraceptive

- Contraceptive implant
  - Etonogestrel (Nexplanon®)

- Hormonal Intra-Uterine System (IUS)
  - Levonorgestrel (Mirena®)
  - Jaydess®
  - Levosert®
  - Kyleena®
- The contraceptive injection
  - Medroxyprogesterone (Depo-Provera)
  - SAYANA® PRESS
  - Noristerat®
- The contraceptive patch (EVRA 203)

**You must use a barrier method of contraception, such as condoms, for the next 7 days and follow the advice in the package leaflet of the contraceptive product.**

**For more information please use the following links**

BNF- <https://bnf.nice.org.uk/interaction/sugammadex-2.html>

<https://www.medicines.org.uk/EMC/medicine/21299/SPC/Bridion+100+mg+ml+solution+for+injection/#gref>

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