Information Leaflet



Honeysuckle Team - General Patient Information Leaflet

The Honeysuckle Team are the dedicated baby bereavement team at Liverpool Women's NHS Foundation Trust.

The Team's office is open Monday – Friday 8am-4pm, contact either by phone **0151 702 4151** or email <u>honeysuckle@lwh.nhs.uk</u>

The Honeysuckle Team offer practical advice and information, explain the formalities involved and guide families through the choices they must make.

Liverpool Women's NHS Foundation Trust has a special remembrance garden located in the courtyard behind main reception. Within the garden there is a metal love lock tree where families have placed special locks in memory of a loved one. If you would like to order a lock please visit Ladybugs Picnic Wirral https://www.etsy.com/uk/shop/LadybugsPicnicWirral

The Honeysuckle Team run ongoing support sessions and events. For up to date information regarding Honeysuckle ongoing support please visit Liverpool Women's NHS Foundation Trust website <u>Honeysuckle Bereavement Service - Liverpool Womens NHS</u> Foundation Trust

Monthly support group - group sessions take place in a calm, welcoming environment with refreshments, crafts and a listening ear. The meetings are for adults only, due to the sensitive nature of the group children cannot attend.

Women's Walking Group – In partnership with Liverpool Football Club Foundation, The Honeysuckle Team have set up a monthly walking group for women. The group is a safe space for women to come together to discuss issues that matter to you, learn different coping strategies, get advice from other women affected by baby loss, get active and keep fit.

Support for Men - In partnership with Liverpool Football Club Foundation, The Honeysuckle Team have set up a support group for men. Honeysuckle FC offers men a

safe space to come together for an hour social and wellbeing session followed by an hour football session.

The Honeysuckle Team organise an annual remembrance service in October during Baby Loss Awareness Week, 9th – 15th October <u>https://babyloss-awareness.org/</u> for all families to remember their babies. Attending remembrance events can be a helpful part of your grief journey. Sharing this time with other families might help you feel less isolated in your grief. We publish details of our service on Liverpool Women's NHS Foundation Trust website and social media pages.

Honeysuckle support sessions and events are funded through Liverpool Women's Charity. We would like to thank all those who have donated to help make these events possible. ongoing support for families can have such a positive impact on their difficult journey. If you would like to support The Honeysuckle Team in continuing to provide these services please contact Liverpool Women's Fundraising Team - <u>Liverpool Women's Hospital</u> <u>Charity - Liverpool Women's NHS Foundation Trust</u>

Local Counselling Services

The Honeysuckle Team have strong links with 2 local counselling services who provide support to men, women and children. If you would like to discuss counselling, please do not hesitate to contact The Honeysuckle Team.

Liverpool Bereavement Services – provide counselling for pregnancy loss at any gestation <u>https://liverpoolbereavement.com/baby-and-child-loss/</u>

Love Jasmine - provide counselling for over 22 weeks gestation as well group sessions for parents, grandparents and siblings <u>https://www.lovejasmine.org.uk/</u>

Support Organisations

Aching Arms - support when you've experienced the heartbreak of losing your baby, during pregnancy, at birth or soon after. <u>https://www.achingarms.co.uk/</u>

Antenatal Results Choices (ARC) - for women and families who have to make a decision about continuing or ending your pregnancy after been told your baby has a fetal anomaly <u>https://www.arc-uk.org/for-parents/</u>

Baby Loss, Love and Grief – A podcast discussing all things related to trauma and baby loss <u>Baby Loss, Grief & Love (buzzsprout.com)</u>

Child Bereavement UK - helps children, parents and families to rebuild their lives when a child grieves or when a baby or child dies <u>When your baby dies | Child Bereavement UK</u>

Children of Jannah - Aimed at supporting bereaved parents who are of the Muslim faith, who have been affected by the tragic loss of a child <u>https://www.childrenofjannah.com/</u>

Cradle - a national pregnancy loss charity working with Healthcare Professionals within the NHS, to support their pregnancy loss services <u>https://cradlecharity.org/</u>

Dads Still Standing – a place for dads who have suffered baby loss to find support <u>https://www.dadstillstanding.com/</u>

Ectopic Pregnancy Trust - provides information, education and support to those affected by ectopic pregnancy. <u>https://ectopic.org.uk/</u>

Miscarriage Association - supporting women, their partners, families, friends and colleagues affected by miscarriage, molar pregnancy or ectopic pregnancy. <u>https://www.miscarriageassociation.org.uk/</u>

Muslim Bereavement Support Service - serving the Muslim community by supporting bereaved women who have lost a loved one. <u>Losing a Child - Muslim Bereavement</u> <u>Support Service (mbss.org.uk)</u>

SANDS - the leading stillbirth and neonatal death charity in the UK, supporting anyone affected by the death of a baby. <u>Sands Bereavement Support App | Sands - Stillbirth and neonatal death charity</u>

SPACE - Liverpool based online network that offers peer support to women who have experienced miscarriage of infertility – either recently, or at any time in the past <u>https://www.thereisspaceforyouhere.com/</u>

The Worst Girl Gang Ever – a support platform and podcast for miscarriage and baby loss <u>https://www.theworstgirlgangever.co.uk/</u>

Twins Trust - supports all parents and carers of twins, triplets or more who have died whether it was during or after pregnancy <u>https://twinstrust.org/bereavement.html</u>

This leaflet can be changed into different languages and formats using the tools on the website. Please note when translating information into different languages via the website, some information may need clarifying for accuracy with a member of staff. This leaflet can be formally translated on request via our Patient Experience Team, although response times to have information translated can vary. To request formal translation services or if you would like to make any suggestions or comments about the content of this leaflet, please contact the Patient Experience Team on 0151 702 4353 or by email at pals@lwh.nhs.uk

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