

Information Leaflet



Liverpool Women's
NHS Foundation Trust

Care and Support for Baby Loss between 12 and 24 weeks – including testing, options for care of pregnancy remains, memory making and ongoing support

Introduction

If your baby was stillborn from the 24th week of pregnancy or born alive and then sadly died please read leaflet 'Care and Support Following Stillbirth and Neonatal Death - Honeysuckle Bereavement Leaflets - Liverpool Womens NHS Foundation Trust

The Honeysuckle Team are the dedicated baby bereavement team at Liverpool Women's NHS Foundation Trust.

The Honeysuckle Team offer practical advice and guidance as well as ongoing emotional support, you can contact the team via telephone and email 0151 702 4151 / honeyssuckle@lwh.nhs.uk

This leaflet has been designed to provide you with local information in regards to care and support for baby loss between 12 and 24 weeks. We also encourage you to read the following leaflets that provide information on causes of second trimester loss, the physical process, tests and investigations, the physical impact, the emotional impact and considering another pregnancy:

For baby loss between under 16 weeks 'The Miscarriage Association - Second Trimester Loss: Late Miscarriage' [Second-trimester-loss.pdf \(miscarriageassociation.org.uk\)](https://www.miscarriageassociation.org.uk/second-trimester-loss.pdf)

For baby loss over 16 weeks 'Royal College of Obstetricians and Gynecologists – When Your Baby Dies Before Birth' [When your baby dies before birth | RCOG](https://www.rcog.org.uk/when-your-baby-dies-before-birth/)

For information regarding post mortem testing please read ' Post Mortem Examination – Local Information for Families [post-mortem-examination-leaflet.pdf \(liverpoolwomens.nhs.uk\)](https://liverpoolwomens.nhs.uk/post-mortem-examination-leaflet.pdf)

Options for the care of your baby

When a baby is born before the 24th week of pregnancy and shows no signs of life, there is no legal requirement to have a funeral.

If your baby was stillborn from the 24th week of pregnancy or born alive and then sadly died please read leaflet Care and Support Following Stillbirth and Neonatal Death - [Honeysuckle Bereavement Leaflets - Liverpool Womens NHS Foundation Trust](#)

This information has been devised in accordance with Human Tissue Authority guidance. https://www.hta.gov.uk/sites/default/files/Guidance_on_the_disposal_of_pregnancy_re_mains.pdf

There are 3 options you have to decide between following on from your loss.

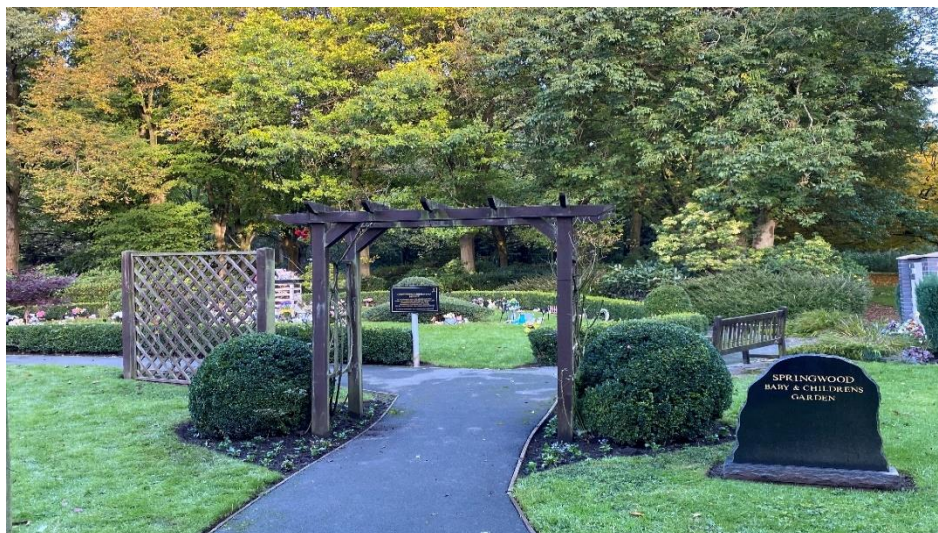
Communal Cremation

With your consent The Honeysuckle Team organise a communal cremation. A communal cremation is when 12 babies are cremated together at Springwood crematorium.

Following the cremation, the ashes are scattered in the baby garden of remembrance within the grounds of the crematorium.

Please note if you sign consent for communal cremation and wish to be provided with more information you must contact The Honeysuckle Team within 14 days.

Please be rest assured that your baby will be looked after and that the communal cremation is carried out in a dignified and respectful manner. Baby Remembrance Garden, Springwood Crematorium, Springwood Avenue, Allerton, L25 7UN.



Arranging burial or cremation via a funeral director

It is possible to arrange an individual burial or cremation for a pregnancy loss at any stage of pregnancy - if you wish to do this you will need to appoint a local funeral director.

The Honeysuckle Team are able to provide you with advice and guidance on arranging a funeral and can make initial contact with funeral directors on your behalf if you wish. Most funeral directors in the local area do not charge any fees when making arrangements for a baby or child's funeral.

Please note if you sign consent to make arrangements with a funeral director you need to make your arrangements within 12 weeks. If you have not contacted a funeral director or The Honeysuckle Team within this time a communal cremation will take place in accordance with Liverpool Women's NHS Foundation Trust procedures.

Taking pregnancy remains home from the hospital

You can take your pregnancy remains home with you to bury in a planter with flowers or a plant in the garden; this is a personal choice and there are no regulations to prevent you doing whatever feels right for you.

If you decide to do this, there are certain requirements that need to be met. It is advisable to think carefully about what you will do with your pregnancy remains/baby and consider any associated restrictions which might exist, for example in relation to burial on a home property. For further guidance please visit <https://www.fdean.gov.uk/media/a0omqwzz/guidance-for-burials-on-private-land.pdf> The Environment Agency is also a good source of advice on this matter. Environment Agency - GOV.UK (www.gov.uk)

If you would like to discuss these options in more detail, please contact The Honeysuckle Team for support please call or email the team - 0151 702 4151 / honeysuckle@lwh.nhs.uk

If you do not make a decision or do not contact The Honeysuckle Team to confirm your decision the team will attempt to contact you. If the team are not able to reach you within 12 weeks they will make arrangements for communal cremation in accordance with Human Tissue Authority (HTA) guidance and local hospital procedure.

Making Memories

The Honeysuckle Team are passionate about promoting positive memories for bereaved families.

Your nurse / midwife will support your choices for memory making. There is no official registration for a miscarriage. Acknowledgment of life certificates are available for anyone who experiences a pregnancy loss under 24 weeks. These are provided in the memory boxes. If this is something you would like please ask the nurse caring for you who can provide this, alternatively should you wish to make your own you can download a template from SANDS website www.sands.org.uk

A Government scheme designed to recognise the grief of parents who have experienced a loss of pregnancy before 24 weeks has been launched, you can get a certificate in memory of your baby.

It's free to get a certificate. You do not need to request a certificate if you prefer not to. It's optional. The certificate is not a legal document - for example you cannot use it to claim benefits. The certificate will not be added to your GP record.

Should you wish to request a baby loss certificate please follow: [Request a baby loss certificate - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/request-a-baby-loss-certificate)

Memory Box

Your nurse should offer you a memory box, if you have not been given one, please ask the staff looking after you. The box is a special place for keepsakes this could include a scan picture, or any cards that you might receive. A memory box can help you acknowledge your grief and talk about your loss with family and friends.

Blessing

A blessing can be arranged with the hospital's on call chaplaincy team who would usually provide this service. Ask your nurse or midwife to make contact with the chaplaincy team. If the chaplaincy team are not available another staff member at the hospital can conduct a blessing on their behalf – your nurse will support you with this. You may wish to record or stream this for family and friends to watch.

Memorial Book

There is a book of remembrance located in the chapel at LWH. If you would like your baby's name to be added to the book please email Christine.dickinson@lwh.nhs.uk with the following details baby/babies name, the date that you delivered.

Memorial Garden

There is a garden dedicated to our honeysuckle families. You are welcome to visit the garden at any time and can access from the main reception of the hospital. Within the garden there is a metal love lock tree. You may wish to purchase a padlock with your baby's name or a small message inscribed to hang on the tree. If you would like to order a lock please visit Ladybugs Picnic Wirral - <https://www.etsy.com/uk/shop/LadybugsPicnicWirral>

Naming Your Baby

Some parents decide to give their baby a name, as this gives them their own identity and can make it easy to talk about them. Some parents use a nickname they may have chosen during their pregnancy. You do not have to name your baby if this does not feel right for you.

Seeing and Holding Your Baby

Once your baby is born, you may begin to think about the choices you want to make, for example, you can think about whether you want to see and hold your baby. You might have already started thinking about these decisions in the time before you delivered. Your nurse or midwife will support you with this. If you are not sure about seeing your baby or anxious about how your baby will look you could ask your nurse or midwife to show you a photograph or ask them to describe your baby to you. If you would like to see your baby and this is not suggested please ask the staff caring for you.

Hand and Footprints

For babies born very early it may not always be possible to take hand and footprints. When possible your nurse or midwife will offer and if accepted will try to take ink prints of your baby's hands and feet. You may choose to incorporate the prints into images, tattoos and jewellery. You may want a few sets of these prints to give to family members who are not able to meet your baby.

Photographs

Your nurse or midwife will usually offer to take photos of your baby. You can also take your own photographs of your baby. Some parents like to have photographs of their baby's hands and feet, others may also wish to have a photo of them holding their baby. Should you agree to photographs being taken but you do not wish to look at the photos, you can request for them to be given to you in a sealed envelope. You can then look at them at a later date if you wish, or you can give them to family members or friends. If you do not wish for photographs to be taken then please inform the nurse / midwife caring for you.

Dressing Your Baby

You may want to dress your baby, or you could ask your nurse or midwife to assist you with this. We have suitable clothing, wraps, blankets and angel pouches for all gestations and your nurse / midwife can support you with your choices. If your baby's condition makes dressing them difficult, you may want to wrap them in a blanket or something similar.

On-going keepsakes

In addition to the keepsakes you collect from your pregnancy or soon after you baby is born, there may be other things that form valuable keepsakes in the future. Among these things could include poems, letters, emails, cards and jewellery.

Support for you and your family

The Honeysuckle Team run ongoing support sessions and events. For up to date information regarding Honeysuckle ongoing support please visit Liverpool Women's NHS Foundation Trust website [Honeysuckle Bereavement Service - Liverpool Womens NHS Foundation Trust](#) Alternatively, if you would like to be added to our mailing list please email your details to honeyssuckle@lwh.nhs.uk and we can ensure you are invited and advised of all future events.

Monthly support group - group sessions take place in a calm, welcoming environment with refreshments, crafts and a listening ear. The meetings are for adults only, due to the sensitive nature of the group children cannot attend.

Women's Walking Group – In partnership with Liverpool Football Club Foundation, The Honeysuckle Team have set up a monthly walking group for women. The group is a safe space for women to come together to discuss issues that matter to you, learn different coping strategies, get advice from other women affected by baby loss, get active and keep fit.

Support for Men - In partnership with Liverpool Football Club Foundation, The Honeysuckle Team have set up a support group for men. Honeysuckle FC offers men a safe space to come together for an hour social and wellbeing session followed by an hour football session.

The Honeysuckle Team organise an annual remembrance service in October during Baby Loss Awareness Week, 9th – 15th October <https://babyloss-awareness.org/> for all families to remember their babies. Attending remembrance events can be a helpful part of your grief journey. Sharing this time with other families might help you feel less isolated in your grief. We publish details of our service on Liverpool Women's NHS Foundation Trust website and social media pages.

Honeysuckle support sessions and events are funded through Liverpool Women's Charity. We would like to thank all those who have donated to help make these events possible. ongoing support for families can have such a positive impact on their difficult journey. If you would like to support The Honeysuckle Team in continuing to provide these services please contact Liverpool Women's Fundraising Team - [Liverpool Women's Hospital Charity - Liverpool Women's NHS Foundation Trust](#)

Unsubscribe to Bounty communications

If you are sadly affected by miscarriage or baby loss Bounty can update your details for you. Please email privacy@bounty.com and they will update your membership details to ensure that you no longer receive any communications from them or their partners.

Helpful organisations

There are lots of organisations The Honeysuckle Team work with who can offer you and your family support:

Liverpool Bereavement Services – provides counselling support in Liverpool 0151 236 3932 / <https://liverpoolbereavement.com/>

Antenatal Results and Choices (ARC) – Offers information and support for parents making decisions around antenatal testing, including when a baby has a significant anomaly. <https://www.arc-uk.org/>

Child Bereavement UK National organisation providing support to families when a baby or child has died and offers support for children faced with bereavement. 0800 028 8840 / <https://www.childbereavementuk.org/>

Children of Jannah – Organisation providing support to Muslim families after the loss of a baby or child <https://childrenofjannah.com/how-we-can-help/>

The Compassionate Friends – Organisation of bereaved parents, siblings and grandparents that offer support to other after the death of a child. www.tcf.org.uk

The Ectopic Pregnancy Trust – Provides support and information for people who have had or been affected by an ectopic pregnancy. 020 7733 2653 / <https://ectopic.org.uk/>

Fertility Network UK – Provides support to people dealing with infertility and/or who are facing involuntary childlessness. www.fertilitynetworkuk.org

The Miscarriage Association – National organisation offering support and information for individuals affected by pregnancy loss. 01924 200 799 / <https://www.miscarriageassociation.org.uk/>

Multiple Births Foundation (MBF) – Provides support and information for multiple birth families, including bereavement support. www.multiplebirths.org.uk

Muslim Bereavement Support Service – Provides support and information to Muslim families following a bereavement 020 3468 7333 / <http://mbss.org.uk/>

Sakoon – Provides an Islamic perspective in counselling for Muslims Islamic counselling, Muslim counselling - Incorporate Islam in Counselling (sakoon.co.uk)

Samaritans – Offers confidential support, available 24 hours a day to people who need to talk. Telephone 116 123 / <https://www.samaritans.org>

Twins Trust – offers support to families who have lost one or more children from a multiple birth. Twins Trust | Bereavement Service / bereavementsupport@twinstrust.org

Should you wish to contact The Honeysuckle Team to discuss anything further, please contact us by telephone 0151 702 4151 or email honeysuckle@lwh.nhs.uk – office hours are Monday – Friday 08:00 – 16:00.

This leaflet can be changed into different languages and formats using the tools on the website. Please note when translating information into different languages via the website, some information may need clarifying for accuracy with a member of staff. This leaflet can be formally translated on request via our Patient Experience Team, although response times to have information translated can vary. To request formal translation services or if you would like to make any suggestions or comments about the content of this leaflet, please contact the Patient Experience Team on 0151 702 4353 or by email at pals@lwh.nhs.uk

Liverpool Women's NHS Foundation Trust
Crown Street
Liverpool
L8 7SS

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