

Information Leaflet



Liverpool Women's
NHS Foundation Trust

Coagulation Treatment

This will be offered to you if:

- You have CIN 1 changes on your cervix that have not resolved over the past 24 months
- You have an ectopy that is causing troublesome bleeding with sexual intercourse and you have had biopsies that have confirmed no major abnormality.

Hence this treatment will never be offered on a first visit.

The procedure will be explained and you will be asked to sign a consent form.

You will then undergo a colposcopy so the clinician can see clearly where the area of concern is. Sometimes we use iodine to show up the area.

A fast acting local anaesthetic can be used if you have a large area, although smaller areas can be treated without. A heated probe is applied to the cervix for 20 seconds at a time until the whole area has been treated. You will then be allowed to get dressed again.

You should be fine to drive home if needed and do not need to take time off work.

After treatment you:

- Will get a blood stained sometimes black discharge for up to 4 weeks. During this time you **MUST NOT**:
 - have sex
 - use tampons
 - go swimming
 - undertake excessive exercise
- You may experience heavy bleeding that is not your period. In this instance please contact your GP in case antibiotics are needed for infection. If the bleeding persists, call 111 for advice or attend the Gynaecology Emergency Department (GED) at Liverpool Women's Hospital.

- May experience a very smelly discharge which could be infection. Again please contact your GP in case antibiotics are needed.
- Should get your next period when it's due although it may be heavier than normal
- Should continue to take the contraceptive pill as you would normally do
- May experience slight discomfort which will settle with mild painkillers

If your treatment has been for abnormal cells you will need a check smear in 6 months. This may be at the hospital smear clinic or with your GP. It is important to attend for this as it will confirm whether your treatment has been successful or not. You will not need a smear if the treatment was for bleeding.

This leaflet can be changed into different languages and formats using the tools on the website. Please note when translating information into different languages via the website, some information may need clarifying for accuracy with a member of staff. This leaflet can be formally translated on request via our Patient Experience Team, although response times to have information translated can vary. To request formal translation services or if you would like to make any suggestions or comments about the content of this leaflet, please contact the Patient Experience Team on 0151 702 4353 or by email at pals@lwh.nhs.uk

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